

我的中国文化探索与温暖相遇

My Exploration of Chinese Culture and Warm Encounters

文/理查德·S·克瓦伊达 (By Richard S Kwaidah)



理查德·S·克瓦伊达 (音译), 利比里亚籍, 对外经济贸易大学 (UIBE) 硕士。

Richard S Kwaidah, a Liberian National and an international master's student at the University of International Business and Economics (UIBE).

在中国生活的这段经历着实令我难忘, 能有机会融入这个充满活力与魅力的国家, 我心中充满感激。从抵达的那一刻起, 我便知道这将是一场惊喜不断的旅程。独具特色的中华文化, 以其悠久的历史积淀和传统魅力深深吸引着我, 我也下定决心要探索它的每一个角落。

在华期间, 最精彩的体验之一便是品尝当地美食。中国菜以丰富多样与精妙考究闻名, 我也一直热切地想要尽可能多地品尝各式菜肴。从麻辣的四川火锅, 到精

My experience living in China has been truly unforgettable, and I feel grateful to have had the opportunity to immerse myself in this vibrant and fascinating country. From the moment I arrived, I knew that I was in for a treat. The unique Chinese culture, with its rich history and traditions, has captivated me deeply, and I have made it a point to explore every aspect of it.

One of the highlights of my time in China has been trying the local cuisine. Chinese food is renowned for its diversity and complexity, and I have been eager to sample as many dishes as possible. From spicy Sichuan hot pots to delicate Cantonese dim sum, every meal has been a culinary adventure. I have also developed a fondness for traditional Chinese tea, which has now become an integral part of my daily routine.

Beijing, the city where I reside, is a treasure trove of natural beauty and architectural wonders. I have had the pleasure of visiting numerous parks and scenic spots, each with its own unique charm. Chaoyang Park, with its serene lakes and lush greenery, has been a favorite haunt of mine, as it provides a peaceful escape from the hustle and bustle of city life. The Bird's Nest, an iconic stadium built for the 2008 Olympics Games, is another marvel that I have had the privilege of exploring. The Olympic Forest Park, with its sprawling gardens and tranquil water features, has been a haven for both nature lovers and photographers.

But what has truly made my experience in China special is the people I have met along the

致可口的粵式點心，每一餐都是一場舌尖上的奇遇。我還漸漸迷上了中國傳統茶藝，它如今已成為我日常生活中不可或缺的一部分。

但真正让我在中国的经历变得格外特别的,是我沿途遇见的人们。我有幸结识了许多中国朋友,他们友善、热心且待人真诚。尽管他们有着中国人特有的内敛性

My school life has also been a wonderful experience. I have had the opportunity to meet and interact with students from diverse backgrounds, each with their own unique perspectives and experiences. Our professors have been exceptional—delivering engaging

格, 却仍不遗余力地帮我熟悉这座城市的大街小巷。无论是辨认路牌, 还是在当地餐馆点餐, 我的中国朋友们始终耐心又体贴, 让我在中国的生活轻松了许多。

我的校园生活同样精彩纷呈。在这里我结识了来自世界各地的同窗, 彼此交流着各自独特的人生见解。教授们的授课引人入胜, 渊博的学识让我在专业领域获益匪浅, 课堂展示与小组协作都展现出极高水准, 我也特别感谢老师们为营造包容互助的学习环境所付出的心血。

总而言之, 在中国的这段时光, 是一段极具意义的经历。我深入了解了这个魅力国度的文化、历史与生活方式, 结识了终生挚友, 我将永远珍藏这段时光的记忆。回望这些经历, 我对所拥有的机遇满心感激, 也深知, 中国在我心中永远会占据一个特殊的位置。

and informative lectures that have enhanced my understanding of various subjects. The class presentations and group coordination have been top-notch, and I have appreciated the efforts of my professors in creating a supportive and inclusive learning environment.

Overall, my time in China has truly been an enriching experience. I have learned so much about the culture, history, and lifestyle in this fascinating country. I have made lifelong friends, and I will always treasure the memories of my time in China. As I look back on my experiences, I am filled with gratitude and appreciation for the opportunities that I have had, and I know that China will always hold a special place in my heart.



中国风景 (Chinese scenery)